

- *I want to take this opportunity to express my sincere gratitude for the exceptional learning experience in your training. Your dedication and expertise have greatly contributed to my understanding and appreciation of CBT-I. I am genuinely grateful for the knowledge and insights I have gained under your guidance.*
- *I have had a 100% success rate in clients who have completed the CBT-I program! I am so thrilled to have this opportunity to assist my clients.*
- *We have two clinicians trained through your CBT-I program. We are currently teaching the program with wonderful success and have a large number of patients on a long waiting list to get into the class!*
- *This was a great course that provided all the information and materials to allow for the immediate use of CBT-I in my practice.*
- *Everything was organized. I highly recommend it to anyone in clinical practice.*
- *This training ranks very high in my experience, in the amount of useful information effectively presented in a concise format. It had just the right balance of technical instruction and review of supporting research.*
- *Dr. Jacobs provided a complete, efficient, well-organized training in a protocol that I can begin implementing in my practice immediately.*
- *I want to thank you for this CBT-I training. I would highly recommend it others. It's amazing to see how far the field of insomnia treatment has come.*
- *This CBT-I training was excellent. It was well-structured and clear, and covered both theory and clinical application of this empirically sound and effective treatment.*
- *The knowledge and useful skills, as well as materials provided, exceeded my expectations, and will be of immediate benefit to me in my clinical practice.*
- *Highly recommended. I have already recommended this training to a couple of other clinicians.*
- *Even though I have done extensive reading about CBT-I, this training was tremendously helpful. It provided a detailed plan of what information to provide to patients and ways to present it so that patients will understand key concepts.*
- *I now have all the tools I need to start a CBT-I program and a lot more confidence.*
- *I am thrilled to recently complete your training in CBT-I. Many colleagues have spoken positively both about the training experience and its efficacy.*
- *The training was terrific: packed with information, clearly presented. Thanks so much!*
- *Highly recommended, incredibly well-organized CBT-I training. You will be fully equipped to seamlessly put this life changing protocol of CBT-I immediately into clinical practice.*
- *This will dramatically change the health and quality of life for so many of my patients.*
- *This training was one of the most comprehensive and practical trainings I've ever completed.*
- *Because the training covered so much information, I really felt ready and able to put what I learned into practice immediately.*
- *I was extremely impressed with this CBT-I training. There is finally a practical and healthy method for patients to resolve or diminish their sleeping issues.*
- *I recently completed Dr. Jacobs' CBT-I training and can say without reservation that it was excellent and surpassed all my expectations.*
- *Very organized and thorough. I would recommend this training to anyone who is interested in treating patients with insomnia.*

- *The training was informative and thorough. Unlike some trainings that often fall short on treatment application, this CBT-I training geared towards providing practical strategies to share with patients.*
- *The training provided everything needed to inform, assess, and treat people with insomnia in a clear and concise session by session protocol that is empirically based and clinically tested.*
- *This training was extremely informative and a great learning experience.*
- *The training was rigorous, well presented and stimulating. I came away feeling it was very effective and practical.*
- *The concepts and ideas presented are immediately applicable for use with patients.*
- *Thank you for this most interesting and informative training.*
- *Thank you for this wonderful opportunity to learn more about CBT-I.*
- *Thank you so much for this course. So much good information, so well put together and presented and such helpful materials for patients.*
- *Thanks for creating such a wonderful resource about sleep! I learned a lot.*
- *Thanks for the excellent resource that you have put together on CBT-I.*
- *I would also just like to thank you for having made this comprehensive training available and in such an enjoyable format!*
- *Thank you for the very valuable training!*
- *Thank you for providing this wonderful training and resource.*
- *This is an outstanding course.*
- *Please accept my thanks for a great program that is immensely beneficial to the population of clients I work with.*
- *The program was excellent, and the research basis is very convincing.*
- *Thank you for the incredible research and work you have done in developing CBT-I and the training course!*